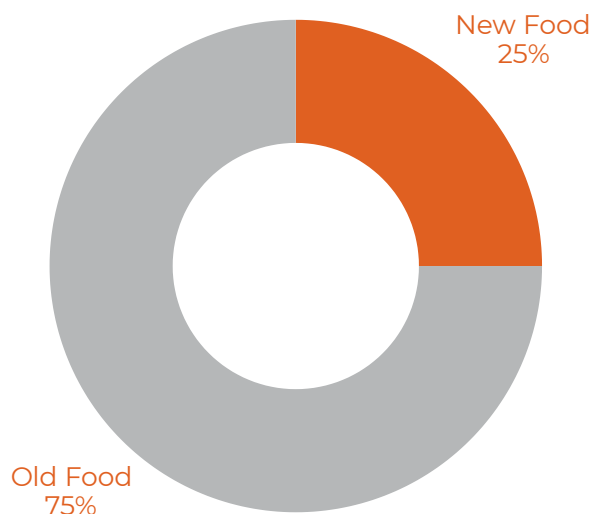


Food Transition Guide

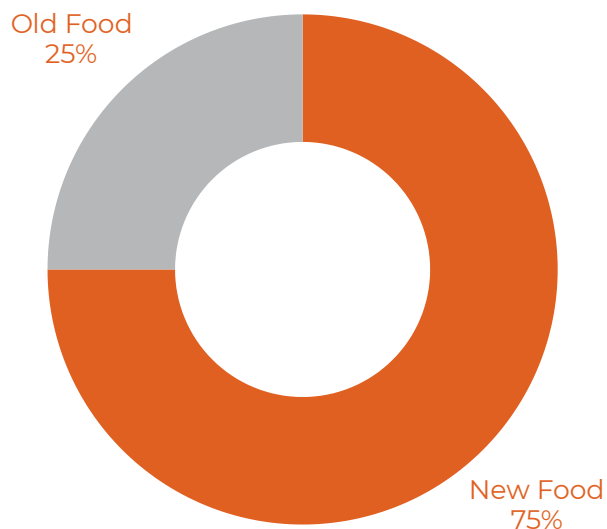
Days 1-3



Days 4 - 5



Days 6-7



Days 8-10

